



Morning News Headlines
FOX News in the Morning 5-9am

High-Tech Healing

THE DIAGNOSIS -- A SPRAINED ANKLE. THE STANDARD TREATMENT -- ICE AND AN ACE BANDAGE. BUT THAT'S POTENTIALLY ABOUT TO CHANGE.

THERE'S A NEW WAY TO TREAT SPRAINS, STRAINS, BRUISES AND EVEN HELP WITH RECOVERY AFTER A SURGERY. MARGARET SHORTRIDGE JOINS US WITH THE STORY IN TONIGHT'S FOX FAMILY AND HEALTH REPORT.

IT MAY BE ONE OF THE BEST KEPT SECRETS IN SPORTS MEDICINE.

IT'S A HIGH-TECH DEVICE -- USED BY THE PROS -- LIKE THE CHICAGO BEARS -- AND BULLS -- THAT HELPS GET PLAYERS BACK ON THEIR FEET AFTER AN INJURY.

AND NOW -- IT'S AVAILABLE TO EVERYONE FROM STAR ATHLETES TO WEEKEND WARRIORS.

WE'VE SEEN THE GUT-WRENCHING PLAYS -- COLLISIONS -- STRONGTOUGH ATHLETES -- DOUBLED OVER IN PAIN -- SPORTS ARENAS -- SILENT IN DESPAIR.

BUT -- INJURY AFTER INJURY -- THE PROS MAKE TRIUMPHANT RETURNS -- WITH THE HELP OF TOP SURGEONS, TRAINERS -- AND POSSIBLY THIS LITTLE RED BOX.

INTRODUCING THE **GAME READY** ACCELERATED RECOVERY SYSTEM -- IT COMBINES COLD AND COMPRESSION THERAPY TO HELP IN THE HEALING PROCESS.

(DR. BRIAN COLE/ RUSH UNIV. MED. CTR.) (That combination has been a tremendous benefit for the professional athlete as well as our patients.)

THE CHICAGO BEARS USE IT AND SAY THEY LIKE IT -- BULLS PLAYERS USE IT TOO -- LIKE FORWARD -- DARIUS SONGAILA.

(DARIUS SONGAILA/BULLS FORWARD) (Knee to knee --just got bumped in the

knee. The swelling wasn't going down with anti-inflammatories. So I need to ice it constantly.)

HE USES IT TO EASE HIS ACHES AND PAINS.

(DARIUS SONGAILA/BULLS FORWARD) (It works better than ice.)

(Fred Tedeschi/Bulls Head Athletic Trainer) (We use it quite a bit, it's been very valuable especially on their acute injuries.)

(Players really hate sitting out with an injury.)

(Fred Tedeschi/Bulls Head Athletic Trainer) (For an athlete they don't want to sitting in the locker room or on the bench, they want to be participating this helps this helps them get back on the court.)

AND IF IT CAN HELP THE PROS -- IT CAN HELP AVERAGE JOES.

STEWART HAD ONE KNEE OPERATION A FEW MONTHS AGO --

(STEWART/PATIENT) (It was 2 weeks on the couch not doing anything.)

LAST WEEK -- HE HAD ANOTHER SURGERY --

(So how's it been -- It's been very good -- surprisingly very little pain.)

BUT THE RECOVERY -- A WHOLE DIFFERENT BALL GAME.

(STEWART /PATIENT) (This time it's been unbelievable.)

(Can you feel the effects -- straight away.)

(It's actually squeezing the whole knee and you feel the cold and the pressure release and the pressure comes back.)

THE SYSTEM -- REDUCES SWELLING -- MINIMIZES PAIN -- AND PREVENTS FURTHER TISSUE DAMAGE.

(DR. BRIAN COLE/ RUSH UNIV. MED. CTR.) (If we can reduce the swelling and reduce the discomfort the patient is feeling -- they're able to get up much faster.)

AND TAKE LESS PAIN PILLS.

(STEWART /PATIENT) (I've hardly taken any medication.)

THERE ARE SPECIFIC WRAPS FOR THE ANKLE, CALF, KNEE, BACK, HIP, SHOULDER, ELBOW AND WRIST.

(STEWART/PATIENT) (I'm a golf nut. I have a big tournament in April -- my goal is to get back onto the golf course first week in April.)

DARIUS' GOAL -- TO STAY IN THE GAME.

(DARIUS SONGAILA) (During the season, you can't avoid nicks and bruises and bumps -- the only way to get better is to stop playing completely -- so you need ice all the time and **Game Ready** gives you that.)

MANY BULLS PLAYERS BOUGHT THEIR OWN AT ABOUT 35-HUNDRED DOLLARS A POP.

BUT FOR THE REST OF US -- IN MANY CASES INSURANCE COVERS IT POSTINJURY OR AFTER SURGERY.

AND PATIENTS GET LESSONS ON HOW TO USE IT. SO CHECK WITH YOUR DOCTOR OR CALL THE COMPANY.